Liturgy for the
Solemnity of
Our Lady of Mount Carmel

July 16
**INTRODUCTORY RITE**

*Entrance Antiphon:*
The glory of Lebanon is given to her, the beauty of Carmel and Sharon; they shall see the glory of the Lord, and the splendor of our God. (*Isaiah 33:2*)

The **Gloria** is said or sung.

**Opening Prayer:**
Let us pray,
(that Our Lady of Mount Carmel may intercede for us, her children)

Father,
may the prayers of
the Blessed Virgin Mary,
Mother and Queen of Carmel,
protect us and bring us
to your holy Mountain,
Christ our Lord,
who lives and reigns
with you and the Holy Spirit,
one God, for ever and ever.
Amen.

**Alternative Opening Prayer:**
Let us pray,
(that the prayers of Our Lady of Mount Carmel may bring us to her Son)

Lord God,
you willed that the Order of Carmel should be named in honour of
the Blessed Virgin Mary,
Mother of your Son.
Through her prayers as we honour her today bring us to your Holy Mountain,
Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
Amen.
First Reading

A reading from the first book of Kings (1Kings 18:42b-25a).

Elijah climbed to the top of Carmel and bowed down to the earth, putting his face between his knees. ‘Now go up,’ he told his servant ‘and look out to sea,’ He went up and looked. ‘There is nothing at all,’ he said. ‘Go back seven times,’ Elijah told said. The seventh time, the servant said, ‘Now there is a cloud, small as a man’s hand, rising from the sea.’ Elijah said, ‘Go and say to Ahab, “Harness the chariot and go down before the rain stops you.”’

And with that the sky grew dark with cloud and storm, and rain fell in torrents.

This is the word of the Lord.

Responsorial Psalm (Ps 14:1, 2-3, 4):

R/ Draw us after you, Virgin Mary; we shall follow in your footsteps.

Lord, who shall be admitted to your tent and dwell on your holy mountain? R/

He who walks without fault; he who acts with justice and speaks the truth from his heart. R/

He who does not slander with his tongue; he who does no wrong to his brother, who casts no slur against his neighbour. R/

He who holds the godless in disdain, but honours those who fear the Lord. R/
Second Reading
A reading from the letter of St Paul to the Galatians (Galatians 4:4-7).

When the appointed time came, God sent his Son, born of a woman, born a subject of the Law to redeem the subjects of the Law and to enable us to be adopted as sons. The proof that you are sons of God is that God has sent the Spirit of his Son into our hearts: the Spirit that cries, ‘Abba, Father,’ and it is this that makes you a son, you are not a slave anymore; and if God has made you son, then he has made you heir.

This is the word of the Lord.

Gospel Acclamation
Alleluia.
Blessed are those who hear the word of God and keep it.
Alleluia.

Gospel
A reading from the holy Gospel according to John (John 19:25-27).

Near the cross of Jesus stood his mother and his mother’s sister, Mary the wife of Clopas, and Mary of Magdala. Seeing his mother and the disciple he loved standing near her, Jesus said to his mother, ‘Woman, this is your son.’ Then to the disciple he said, ‘This is your mother.’ And from that moment the disciple made a place for her in his home.

This is the Gospel of the Lord.
Prayer over the Gifts:
Lord,
we reverently offer you these gifts
as we recall the patronage of
the Blessed Virgin Mary.
In your service may our love become like hers
and so unite us more closely
with the work of redemption.
Grant this through Christ our Lord.

Preface of Our Lady of Mount Carmel I
The Spiritual Motherhood of Mary

Father, all powerful and ever-living God,
we do well always and everywhere to give you thanks
as we honour the Blessed Virgin Mary, Mother of Carmel.

Your Word filled her heart
and inspired all her actions,
making her constant in prayer with the Apostles,
and, through her share in our salvation,
constituting her the spiritual mother of all mankind.
She watches unceasingly with a mother's loving care
over the brethren of her Son,
and lights us along our pilgrim way
to the Mount of your Glory,
our beacon of comfort,
and the embodiment of all our hopes
as members of the Church.

Now, with all the saints and angels,
we praise you for ever.

Holy, holy, holy . . .
Our Lady, Mother and model of holiness

Father, all powerful and ever-living God, we do well always and everywhere to give you thanks as we honour the Blessed Virgin Mary.

She shares with Christ his work of salvation, and with his Church she brings forth sons and daughters whom she calls to walk the path of perfect love. She claims us also as her beloved children, clothed in the habit of her Order, shields us along our way to holiness, and in her likeness sets us before the world, so that our hearts, like hers, may ever contemplate your Word, love our brethren, and draw them to her Son.

In our joy we sing to your glory with all the choirs of angels:

Holy, holy, holy . . .
COMMUNION RITE

Communion Antiphon
Mary treasured all these words and pondered them in her heart.

Prayer after Communion:
Let us pray.
Lord God,
we have been nourished
by the Body and Blood of your Son.
May the wonders of your love strengthen us
and help us to follow more faithfully
the example of the Blessed Virgin Mary
to whose service we are dedicated.
We ask this through Christ our Lord.

Solemn Blessing over the People:
The Father chose Mary to be the Mother of his Son.
May he make you also her faithful children.
R/ Amen.

God the Son was born of Mary and was obedient to her.
May he grant you to love her as he did.
R/ Amen.

The Holy Spirit overshadowed her and made her fruitful with the Word.
May he fill you also with the Divine Presence.
R/ Amen.

And may the blessing of almighty God,
the Father, the Son, and the Holy Spirit,
come upon you and remain with you for ever.
R/ Amen.

The Liturgy may end with the singing of a Marian antiphon, particularly the Flos Carmeli.
Texts from the Carmelite Missal, 1979.